

4.6 Rehabilitation Care Services

Definition and Requirements

Policies and procedures are in place to guide referral to appropriate rehabilitation care services on-site or by referral. Rehabilitation care is patient-centered care that optimizes patient functional status and quality of life through preventive, restorative, supportive, and palliative interventions. The availability of rehabilitation care services is an essential component of comprehensive cancer care, beginning at the time of diagnosis and being continuously available throughout treatment, surveillance, and, when applicable, through end of life.

Rehabilitation professionals associated with cancer rehabilitation typically include, but are not limited to:

- Physiatrists
- Physical therapists
- Occupational therapists
- Speech language pathologists

Types of rehabilitative care services may include, but are not limited to:

- Screening, diagnosis, and management of physical dysfunction, impairments, and disabilities
- Interventions to manage identified functional impairments and disabilities
- Screening, diagnosis, and management of pain and non-pain symptoms
- Screening, diagnosis, and management of cognitive function
- Lymphedema management
- Physical activity recommendations during and after treatment
- Vocational rehabilitation

The cancer program defines and identifies in a policy and procedure the rehabilitation care services provided on-site and by referral. Rehabilitation services not available at the facility must be provided through a referral relationship to other facilities and/or agencies. The cancer committee will define and identify in a policy and procedure the following:

- On-site and off-site rehabilitation care services
- The rehabilitation care team available on-site
- Criteria for performing functional assessments
- Criteria for referral to a rehabilitation care specialist

Evaluating Rehabilitation Care Services

Each calendar year, the cancer committee must monitor, evaluate, and make recommendations for improvements, as needed, to rehabilitation care services and/or referrals. The content of the review and any recommendations for improvement are documented in the cancer committee minutes.

If available, it is recommended that a rehabilitation professional attend the cancer committee meeting to lead the discussion and provide the report.

Documentation

Submitted with Pre-Review Questionnaire

- Policy and procedure defining rehabilitation services that are provided on-site and by referral
- Cancer committee minutes that document the required yearly evaluations of the rehabilitation care services

Measure of Compliance

Each calendar year, the cancer program fulfills all of the compliance criteria:

1. The cancer committee develops policies and procedures to guide referral to appropriate rehabilitation care services on-site or by referral.
2. The process for referring or providing rehabilitation care services to cancer patients is monitored and reviewed by the cancer committee and documented in the cancer committee minutes.

Bibliography

National Academies of Science Engineering Medicine. *Long-term survivorship care after cancer treatment: Proceedings of a workshop*. Washington DC: The National Academies Press; 2017. Available at: <http://www.nationalacademies.org/hmd/Activities/Disease/NCPF/2017-July-24.aspx>. Accessed August 15, 2019.

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Mohile SG, Hurria A, Cohen HJ, et al. Improving the quality of survivorship for older adults with cancer. *Cancer*. 2016;122(16):2459-2568.

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Standard 4.6 Rehabilitation Care Services				
Program Name				
Year				
Annual Policy and Procedure Review				
Committee Meeting Date				
Date Cancer Committee reviewed Policy & Procedure				
Rehabilitation Care Services				
Reason for Referral	Services Offered On Site	Services Offered by Referral		
Physical Therapy				
Occupational Therapy				
Speech Therapy				
Lymphedema				
Dec 2021 to Nov 2022				
Rehabilitation Care Patients				
Referrals	Physical Therapy	Occupational	Speech Therapy	Lymphedema
Patient Seen				
Rehabilitation Care Patients Not Seen				
No Shows or Cancellations	Physical Therapy	Occupational	Speech Therapy	Lymphedema
Refused Service				
No response to calls/letters/MyChart				
Insurance-related issues				
Lack of speciality/referred out				
Change in medical status				
Deceased				
Sought treatment elsewhere				
Wrong diagnosis of referral				
Patient received home PT instead of outpatient				
IE pending				
Pending Treatment				
Not Contacted/under investigation				
Total Number of Patients Not Seen				
<i>Results, referrals and follow up must be documented in the patient's medical record.</i>				
<i>Overall Service Findings</i>				
<i>Barrier Identified</i>				
<i>Follow-up to Barrier Identified</i>				
<i>Department Initiatives</i>				
<i>Areas of Improvement</i>				
<i>Updates</i>				

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